

CALVARY
LIFE
Counseling Center

How to Become a CalvaryLife Counselor

As the Pastor of the CalvaryLife Counseling Center, I would like to sincerely thank you for your interest in joining this ministry as a Lay Counselor. Let me take a minute and share our statement of purpose, so you have a better understanding of who we are.

Purpose Statement:

CalvaryLife Counseling Center is a biblically based, short-term, non-fee ministry of Calvary Church Santa Ana, serving the people of Calvary Church, Calvary Christian School as well as our surrounding community. CalvaryLife Counseling Center strives to effectively integrate God's Word, prayer and the best counseling tools and techniques available with the approach of truth and grace utilizing non-professional Lay Counselors. Our passion is to offer God's hope and healing to free individuals to be the people God intends them to be in order to fulfill what God intends them to do.

Characteristics Desirable in Lay Counselors: (We are looking for people who identify with these statements)

- Secure and non-defensive attitude about their faith
- Fundamentally sound evangelical/theological perspective
- Psychologically sound; no obvious, severe pathology
- Solid self-concept
- Maintains a basic attitude of acceptance of others
- Not self-righteous
- Not trying to cure self through the process of counseling others
- Ability to be non-judgmental
- Aware of their own issues, needs, emotions, etc.; ability to keep these separate from the needs of the client; the Lay Counselor is willing to discuss these needs, etc. in supervision if it becomes problematic in counseling with clients
- Reasonable
- Willing to learn, intellectually able to learn material in training and apply it
- Willing to receive feedback and training throughout training class and supervision
- Not controlling
- Down-to-earth demeanor and attitude
- Insightful and perceptive
- Understands and agrees that the "fix it" mentality isn't useful in the counseling process
- Recognizes the importance of confidentiality and is able to maintain confidential relationships
- Agrees with and is willing to subscribe to the CLCC's policy of integrating Christianity with psychological concepts and theories

Requirements:

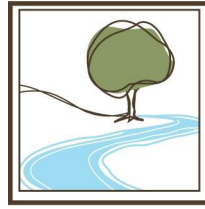
- Member of the Church (or willing to complete membership class) and regular participants in the life of Calvary Church
- Able to commit one and one-half (1 - 1/2) hours a week for one year for training course
- Willing to serve as a Lay Counselor for at least one additional year following the training with the following minimum commitment:
 - One (1) hour a week for counseling session with the client
 - One (1) hour a week for supervision
- At least 25 years old

Step One:

Set up an initial appointment with the Pastor of Lay Counseling for an initial interview. (714) 973-4800 ext. 390

Step Two:

Fill out a Counselor Application Form (Create a link to download application)



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COUNSELOR APPLICATION FORM
(If additional space is needed, please use back of page.)

Name _____ DOB _____ Date _____

Home Phone (____) _____ - _____ Work Phone (____) _____ - _____

Cell Phone (____) _____ - _____ E-mail Address _____

Address _____

City _____ State _____ Zip _____

Marital Status _____ How Long? _____ Spouse's Name _____

Children (or those living with you)

Name

Age

Name	Age
_____	_____
_____	_____
_____	_____

How does your spouse and/or family (if applicable) feel about your counseling ministry interest? _____

Do your spouse and children (if applicable) respect and respond to your role as a wife/mother or

husband/father? _____ Comments _____

Describe how you became a Christian? _____

What does being a Christian mean to you personally? _____



Describe the things you do to maintain your spiritual growth. _____

Are you a member of Calvary Church? _____ If so, how long? _____

If you have had previous counseling experience(s) please describe them and their significance to you. _____

Are you counseling now? _____ If yes, in what capacity? _____

What training, if any, have you had? _____

What would you say is your area of expertise? _____

Is there an area of expertise you would like to develop? _____ If, yes what? _____

What do you believe constitutes effective counseling? _____

What does it mean to you as a Christian to counsel others? _____

What makes Christian counseling distinctively "Christian"? _____

Why do you want to counsel now? _____

What counseling have you had yourself? _____

What experience(s) have you had that would help you do effective counseling? _____

What qualities and skills do you have that would help you do effective counseling? _____

What are your greatest apprehensions about doing counseling at Calvary? _____

Doing counseling does not require you to be perfect but your life should be a model for others. Is there anything in your past or present that may disqualify you from being an example to others? _____ If yes, please explain. _____

Are you now or have you ever been involved with:

- | | | |
|---|-----------|----------|
| Addiction to drugs of any kind | Yes _____ | No _____ |
| Immorality, pornography, sexual addictions | Yes _____ | No _____ |
| Lack of financial integrity | Yes _____ | No _____ |
| Lack of moral integrity | Yes _____ | No _____ |
| Emotional instability | Yes _____ | No _____ |
| Abnormal mood swings | Yes _____ | No _____ |
| Uncontrollable anger | Yes _____ | No _____ |
| Poor witness to those at work or in the community | Yes _____ | No _____ |
| Divorce on unbiblical grounds | Yes _____ | No _____ |
| Gossip/breaking of confidences | Yes _____ | No _____ |
- Explains any "yes" answers. _____
-
-
-
-

Do you understand and agree that counselor training involves mandatory classes? In addition, you will be asked to spend time reading counseling materials and observing counseling. Initial: _____

Do you understand and agree that counselor training involves role-playing and small group time where your counseling skills will be sharpened and evaluated? Initial: _____

Do you understand and agree that your approval to be a part of the lay counseling program of Calvary Church is dependent upon the discretion of the Pastor of Lay Counseling and the Lay Counseling Ministry Team and your successful completion of counselor training? Initial: _____

Do you understand and agree that all counselors are required to undergo a background check and fingerprinting? Initial: _____

Do you understand and agree that the laws of the State of California require a licensed counselor to report certain matters to be reported to the proper authorities any information about child abuse, elder abuse, or intent to cause physical harm to another person when disclosed? Initial: _____

Do you understand that, as a Lay Counselor in the CalvaryLife counseling Center, you have an obligation to immediately report to the Pastor of Lay Counseling any information about child abuse, elder abuse, or intent to cause physical harm to another person when disclosed by a counselee? Initial: _____

Are you willing to follow the laws of the State and keep all other matters confidential? Initial: _____

Do you understand and agree that, as part of this application, you will be asked to participate in an interview with the Pastor of Lay Counseling and the Lay Counseling Ministry Team? Initial: _____

Are you involved in any volunteer work? _____ If yes, please explain? _____

List any other ministries you are currently involved in. _____

List what days and hours you would be available to counsel. _____

Please give three references:

Name	Phone Number
_____	_____

Name

Phone Number

Name

Phone Number

As a participant of the Lay Counseling Team, would you be willing to support Calvary Church's positions on:

- Doctrinal statement Yes ____ No ____
- Divorce and remarriage Yes ____ No ____
- Grounds for separation Yes ____ No ____
- Abortion Yes ____ No ____

Explain any no answers: _____

Do you have any comments that you would like to add or that you feel would be helpful for the Counseling Ministry Team to know? _____ If yes, please elaborate. _____

Signature

Date

Step Three:

Interview with CalvaryLife Counseling Team

Step Four:

*Training Phase 1 (Trainee Status) 4-5 Months

Section 1

1. Biblical Basis of Counseling
2. The Paraklesis Model of Counseling
3. Awareness of Self, Others and God
4. Caring, Emotions and the Christian
5. What to Expect from the Counseling Process
6. Warmth
7. Empathy
8. Respect

Section 2

1. Genuineness
2. Self-Disclosure
3. Concreteness
4. Goal-setting
5. Confrontation
6. Immediacy
7. Self-Esteem
8. Learning & Change

Section 3

1. Elements of the Counseling Interview/Dual Relationships
2. Phases of the Counseling Process
3. Psychopathology
4. Effective Referrals
5. Crisis Counseling Roadblocks to Marital Growth
6. Counseling the Couple
7. Marital Counseling

*Training Phase 2 (Intern Status) 6-8 Months

- Helping People Recover from Affairs: Dealing with Infidelity
- Children and child Therapy
- Depression, Grief, Loss
- Divorce Recovery & Blended Families
- Difficult Relationships
- Marital & Family Therapy
- Adolescents and Adolescent Therapy
- Anxiety and Phobic Reaction
- Incest
- Crisis Counseling
- Anger: Friend or Foe?
- Eating disorders, Anorexia, Bulimia
- Domestic Violence
- How People Grow
- Love & Sex Addiction
- Stress Reduction, Relation, Visualization, & Biofeedback
- Intimacy & Addictions

*Training Phase 1 and 2 can be taken in either order.

Frequently Asked Questions

How do I start the process?

Call 714.973.4800 ext. 390

What if I can't complete the entire training?

The phases of training are sequential. Trainees and Interns can drop out at the end of any phase and pick up where they left off in a future training cycle.

What happens if I have to miss some of the lectures and/or trainings?

CD's are available for check out for missed sessions. Trainings will have to be taken when they are offered on the next cycle. Please call the counseling administrator for information about tapes and dates for training sessions.

When do the Trainings and lectures Begin?

The Phase 1 (Trainee Status) training begins in September of every year.

The Phase 2 (Intern Status) training begins in January of every year.